



TRANSFORMATIONAL SLEEP

YOGA NIDRA TEACHER TRAINING

CERTIFICATE OF COMPLETION IS AWARDED TO

Julie-Ann McGuire

successfully completed 100 hours YACEP: 40 hours Techniques, Training & Practice, 32 hours Teaching Methodology, 8 hours Anatomy & Physiology, 20 hours Yoga Philosophy, Lifestyle & Ethics.

In testimony thereof, the Program Director has set her signature on the 25th of February, 2025



ALLY BOOTHROYD

Program Director



TIINA KIVINEN

Assistant Director